

***Read this illustrated leaflet carefully prior to using this medication. This medication has been prescribed for your personal use and therefore must not be given to other persons, even if such person suffers from the same symptoms. This medication can be damaging to their health. Please keep this illustrated leaflet so that you may refer to it if necessary.***

## Amlocim

Amlodipine Besylate 5mg, 10mg tablets

### ***What is AMLOCIM and when is it used?***

It is only to be used with a medical prescription.

AMLOCIM, on its own or together with other antihypertensives can be used to lower high blood pressure. After taking a tablet the blood pressure will reduce gradually. Therefore there will not be any sudden or excessive drop in blood pressure. One tablet a day is enough to lower blood pressure in a 24 hour period. AMLOCIM, on its own or in use with other pharmaceuticals, can be used to cure the **angina pectoris**, caused by a reduction of oxygen in the cardiac muscle. A dose of one tablet a day of AMLOCIM increases the duration of the heart's response to stress and diminishes the number of attacks of angina pectoris.

### ***When should AMLOCIM not be taken ?***

AMLOCIM cannot be taken in cases of hyper-sensitivity to the active ingredient of the medication or one of its other ingredients or other dihydropyridine.

### ***When must you be cautious in taking AMLOCIM ?***

Due to possible side effects, this medication can reduce a person's reflexes, restricting his or her capability to drive a car or to operate heavy machinery.

Grapefruit juice contains one or two ingredients that can reduce the effect of some medication, including AMLOCIM. If you take AMLOCIM you must not drink large quantities of grapefruit juice (over 1 litre). In the case of small quantities (i.e. 1 glass of 250 ml a day) it is improbable that these problems will occur.

You should inform your doctor or your pharmacist if you suffer from other illnesses especially connected to the liver, lungs or in the case that you suffer from allergies or take any other medication, including those bought without a prescription.

### ***Can you take AMLOCIM during pregnancy or breast feeding?***

As a general rule you should not take AMLOCIM during your pregnancy. If you are pregnant you should inform your doctor. It is only your doctor who can decide whether this medication may be taken in special circumstances.

You should not take this medication if you are breastfeeding.

### ***How should AMLOCIM be administered ?***

Unless your doctor's prescription states otherwise, take one tablet of AMLOCIM 5 (Amlodipine 5mg) once daily. Your doctor will decide whether to increase the daily dosage to a maximum of 10 mg.

In the case of an overdose of AMLOCIM you must contact a doctor immediately. Do not modify any prescription without your doctor's advice. If you feel that the effect of the medication is too weak or too strong you must speak to your doctor or pharmacist.

### ***Does AMLOCIM cause side effects?***

Following administration of AMLOCIM the following side effects may be seen:

*Very Often* : oedema (Swelling from excessive accumulation of serous fluid in tissue ).

*Often* : headaches, vertigo, tiredness, drowsiness, nausea, abdominal pains, reddening of face, palpitations.

*Occasional*: insomnia, changes in mood, tremors, change of taste, fainting, reduction in sensorial stimulation, abnormal sensation of skin (tingling), blurred vision, tinnitus (noises in the ears), very low blood pressure, dyspnoea (respiration difficulties) blocked or runny nose, vomiting, digestive disorders, changes in bowel habits, dryness of mouth, hair loss, change of skin colour, increase in perspiration, skin eruptions, itching, pains in the muscles, back and joint pains, muscle cramp, urinary disorders, frequency or nocturia, impotence, swelling of the mammary glands, weakness, pain , feeling unwell, increase or reduction in weight. Allergic reactions, severe blistering rash, sensitivity to light and swelling of the face, have also been observed occasionally. In these cases you must stop the medication and immediately consult a doctor.

*Very Rare*: rigidity and muscle tension, joint and nerve disturbances capillary inflammations, coughing, inflammation of the inner lining of the stomach, (swelling) of the gums, liver problems (hepatitis=inflammation of the liver, jaundice) or problems in the pancreas.

If you suffer from these above mentioned symptoms or any other symptoms you must immediately consult a doctor..

In the event that you notice side effects not described you must stop the medication and consult a doctor or pharmacist.

***What should you also be aware of ?***

AMLOCIM should be stored at room temperature (15–25 °C) and protected from light in its original packaging and out of the reach of children.

AMLOCIM has a shelf life of three (3) years and must not be used after the indicated expiry date near the letters «EXP» on the packaging.

Should you have further questions related to this medication please consult your doctor or pharmacist.

***What is AMLOCIM made of ?***

*1 tablet* contains 5 mg or 10 mg of amlodipine in the form of amlodipine besilate;

*other ingredients*: povidone K 30, microcrystalline cellulose (E 460), calcium hydrogen -phosphate (E 341), crospovidone, magnesium stearate (E 470b)

***Registration Number:***

57607 (Swissmedic).

***Where can you buy AMLOCIM? What packaging is available***

From the Pharmacy with the appropriate doctor's prescription.

AMLOCIM 5: 30 and 100 *5mg tablets (non divisible)*.

AMLOCIM 10: 30 and 100 *10 mg tablets (divisible)*.

***Marketing Authorisation Holder***

ACINO PHARMA AG, Liesberg/Switzerland

This illustrated leaflet was last in January 2007 by the appropriate authority on medicinal matters (Swissmedic).